



LEHMANLOBOS

2024 POWERLIFTING SCHEDULE

DATE	LOCATION	MEET	TIME
Sat. January 6 th	Lehman High School	Lehman Kick-Off Meet **	9am
Sat. January 13 th	Johnson High School	Johnson Jaguar Invitational***	9am
Week of January 15 th – 20 th	NA	OPEN	
Sat. January 27 th	Johnson High School	Jag Power Championship**	9am
Sat. February 3 rd	Lehman High School	Lehman Lobos Invitational***	9am
Week of February 5 th – 10 th	TBA	TBA	
Sat. February 18 th	Del Valle High School	Del Valle Cardinals Girls LCQ**/**	9am
Sat. February 24 th	Del Valle High School	Del Valle Cardinals Boys LCQ**/**	9am
Sat. March 2 nd	Elgin High School	Girl's Regionals Meet ***	TBA
Sat. March 9 th	Joshua High School	Boy's Regionals Meet ***	TBA
Sat. March 16 th	Comerica Center – Frisco, TX	Girl's State Meet ***	TBA
Sat. March 23 th	Taylor County Expo Center – Abilene, TX	Boy's State Meet ***	TBA

*Not all lifters will compete in each meet ----

(Meets are restricted to 12 girls and 12 boys per team)

**Most likely non-varsity athletes (not top 12)

***Most likely varsity only athletes (top 12 ladies and guys)

The top ½ will work and assist with our first meet. The bottom ½ will lift at our January 6th meet. Then we will flip flop for our February 3rd meet with top ½ lifting and bottom ½ assisting. Helping set up and break down is non-negotiable for everyone on the team and will result in not competing at the next meet if missed.

Updated 11/29/2023